## • Signs

- 1. Inflammation of lid margin at the lash follicles
- 1. Moderate lid swelling along lash line
- 1. Lower lid is usually more affected
- 1. Skin Scaling

## 1. Associated Conditions

- 1. Seborrheic Dermatitis
- 1. Staphylococcal infection

## 1. Management

- 1. Clean lid margins twice daily
  - 1. Pull lower lid down to scrub against orbital rim
  - 1. Apply warm compress for 2 minutes
    - a. Loosens debris
    - a. Helpful in severe blepharitis
  - 1. Scrub lid margins with warm cloth
  - 1. Scrub lashes with baby shampoo on cotton swab
  - 1. Wipe lid margins with warm cloth after scrubbing
- A. Acute infectious flare-up
  - 1. Topical antibiotics qid (e.g. Erythromycin)
  - 1. Prophylaxis with qhs ointment if occurs frequently
  - 1. N-Acetyl Cysteine 100 mg three times daily also helps
- A. Treat associated Seborrheic Dermatitis