Start Topamax 50 mg at bedtime for 1 week, if tolerated well without confusion/sedation/clumsiness increase after the first week to... Topamax 50 mg twice daily for 1 week, if tolerated then increase to Topamax 100 mg in the evening and 50 mg in the AM for 1 week, if tolerated then...

Topamax 100 mg twice daily

If unable to increase dose, try to maintain the highest prior dose possible and schedule an appointment within 1-2 weeks of date that the dose increases could not be maintained